

## Gymnastics Assistant Coach – Job description.

### Skills Required -

- Good leadership skills and ability to work as part of a team
- Good interpersonal skills - Ability to communicate effectively with gymnasts, parents and other members of staff
- Ability to understand the learning process and training principles
- Ability to motivate and assist gymnasts to develop new skills safely
- Knowledge of injury prevention - understanding how to reduce the risk of injury to gymnasts
- Good time management skills and punctuality

### Role Purpose –

- To deliver the clubs recreational gymnastics program to a high standard
- To assist with Competitive Team Gymnastics Coaching

### Main Tasks –

1. To deliver the club's coaching sessions to the level of your coaching qualification.
2. To do the necessary preparation and set up prior to the session and liaise with other coaches as needed.
3. To assist the Head Coach running sessions and following instructions.
4. To provide positive and fun sessions.
5. To act as a positive role model and lead by example. Demonstrate good coaching practice and provide motivation to all coaches and gymnasts.
6. Ensure that you abide by the gym rules at all times. Take the necessary action if there is a breach of the rules and notify the manager at the earliest possible opportunity.
7. To have a responsibility for the safeguarding and protection of children, young people and vulnerable adults.
8. To notify the Management or Saftey Officers immediately of any incidents, referrals or disclosures or if this is not possible follow the Safe Sport Policy guidelines.
9. To act in a responsible and appropriate manner at all times in accordance with the USAG codes of conduct, ethics and best practice.
10. To fulfil the duty of care towards all participants and members of the club.
11. To help continuously raise the standard of gymnastics at the club.
12. To actively promote the club where possible.
13. To ensure accurate registers of your sessions are kept.
14. To communicate effectively with parents regarding your gymnasts progress.
15. To deliver Award/Reward Systems effectively, accurately and regularly.